

## Parkview Employee Assistance Program

is conveniently located in eleven Indiana counties:

### Indiana

- Allen County
- DeKalb County
- Huntington County
- LaGrange County
- Noble County
- Wabash County
- Whitely County

and through an affiliate in Northwest Ohio.

## Parkview Employee Assistance Program offering VIDYO consultations

EAP provides consultations via your mobile device or a computer with a camera in the state of Indiana. Counseling sessions are available during regular business hours.



## Helping You Weather Life's Storms

Parkview Employee Assistance Program

 **PARKVIEW**  
EMPLOYEE ASSISTANCE PROGRAM

260-266-8060  
800-721-8809

[ParkviewTotalHealth.com](http://ParkviewTotalHealth.com)

 **PARKVIEW**  
EMPLOYEE ASSISTANCE PROGRAM

**When facing life's storms, it's comforting to know that you have somewhere to turn. Parkview Employee Assistance.**

## **An important resource**

No one is immune to hardship. Your employer agrees. That is why your employer is providing the Parkview Employee Assistance Program (EAP) for you and your family members at no cost. This confidential service can be of great value as you work through life's storms.

## **Private and professional**

All of our EAP services are kept confidential. In fact, no information about you or your participation in the program is released without your written consent. Your participation in the EAP program will not be shared with your supervisor.

## **Help in any situation**

The Parkview Employee Assistance Program can help you and your family members with a variety of difficult situations. The EAP counselors are knowledgeable in a variety of areas, including:

- Crisis intervention
- Family and relationship difficulties
- Alcohol and drug dependence
- Personal and work stress

- Divorce difficulties
- Troubled teenagers
- Emotional difficulties

Parkview EAP has an in-house financial counselor who can assist individuals with financial issues that are impacting their daily lives.

Often, the best approach includes short-term counseling sessions with an EAP professional. There may be times when a referral to another professional or agency better suited to address the situation is required. Should the need arise, your insurance benefits and coverage would be considered. Examples include:

- Support groups
- Outpatient counseling, if needed

## **Simple**

When you or your family member calls for an appointment with an EAP counselor, your appointment will be scheduled as promptly as possible.

At the appointment, you will meet with a trained professional who will help assess your situation. He or she will assist you in determining the steps necessary for resolving the issue.

Your confidential EAP services are provided by your employer at no cost to you.

## **Flexible**

The Parkview Employee Assistance Program counselors will make every effort to find an appointment that fits easily into your schedule. Confidential appointments can be made by you or any member of your household.

**According to the National Institutes of Mental Health, an estimated 26.2 percent of Americans age 18 and older suffer from an undiagnosed mental disorder in any given year.**

Call Parkview Employee Assistance today. Together, we will ride out life's storms.

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